



ROYAL WINDSOR TRIATHLON

WINDSOR

WEEKENDER GUIDE

11TH / 12TH JUNE 2022

# WELCOME

**T**he Royal Windsor Triathlon returns after a three year absence on Saturday 11th and Sunday 12th June. Over 3,500 athletes have signed up to take part in the triathlon which is celebrating it's 30th edition in 2022.

The legendary event, named BTF's 'Event of the Year' for seven consecutive years, saw it's birth in 1991, but following a two year break due to the COVID pandemic, it is poised to return bigger and better than ever.

With yet another sell-out event confirmed, those taking part can expect a lively atmosphere, for which this event is famed. Race Organisers, Human Race, had this to say:

"We can't wait to welcome thousands of participants, supporters, families, friends, volunteers and event crew down to Windsor on the weekend of the 12th June. Windsor is a beautiful town and there is so much to do and enjoy here, all we have to say is...get stuck in!"



## WEEKENDER GUIDE

**W**e've pulled out some of the biggest activities and hidden gems Windsor has to offer across triathlon weekend.

It's perfect for participants looking to make the most of their trip, but also for supporters who deserve a treat for putting up with your training stories over the last few months.

For the more logistically specific stuff for participants, we have created a separate event guide which is also available on our website.

A huge part of Windsor's success over the last 30 years has been it's atmosphere. It's the top comment on our feedback surveys every single year.

We hope you will enjoy the electric feeling in the air on Sunday 12th June, and be part of the claps, cheers, high-5s and jokes that will spur our triathletes on to achieving great things.

# WHERE TO WATCH

**T**he Royal Windsor Triathlon has dozens of great supporter spots for each discipline. Our Official Royal Windsor Triathlon Event Village in Alexandra Gardens is a great place to start. Here you can watch athletes clamber into the water before their swim, out of the water after their swim and onto their bike at the exit of transition. We have more information about the event village below.

For viewing triathletes on the bike leg, we'd recommend heading out to Cranbourne and Woodside. If travelling by car please be careful of cyclists out on the route. It is an open road event. This represents the beginning of the bike loop for both Sprint and Olympic distance participants. There is a car park in Cranbourne Park and from here it is possible to walk to Winkfield Road to catch riders on their return to Windsor. (If walking you may have to speed up - this loop is only 9 miles for those doing the Sprint distance!).



Whilst there you might even want to check out Cranbourne Lodge (sometimes called Cranbourne Tower).

We recommend you consult the route map on our website for more information on where to watch the bike leg.

The run leg takes place predominantly on the iconic Long Walk in Great Windsor Park. It's an out-and-back run course giving supporters the opportunity

to easily see runners twice as they proceed along the route.

The triathlon finishes alongside Alexandra Gardens, under our legendary finish gantry. The atmosphere here will be fever pitch. As participants approach the line, following hours of grueling exercise, they will need your support! We recommend you get there early in order to ensure a viewing point near the finish.

# EVENT VILLAGE

**A**s it's our 30th edition of the event, we've got big plans. Expect live music, fairground games, mini golf, photo opportunities, a miniature museum, food vendors and much more!

We hope you'll stick around and celebrate with us - especially if the weather stays dry - but it is the UK after all.





# A WEEKEND IN WINDSOR

## ROYAL WINDSOR CASTLE

History and Windsor go hand in hand. If you're thinking of visiting this age-old town, you can't look beyond the castle – both literally and metaphorically.

Built by Henry I to substantiate Norman dominance, the castle on the hill is an imposing sight even today. Visitors are forced to crane their necks at the looming towers and thickset walls.

As Europe's longest-occupied palace, Windsor Castle has

seen nearly a thousand years of English history...and 29 Royal Windsor Triathlons.

Tickets can be bought on the door or in advance online via the official website:

[www.rct.uk/visit/windsor-castle](http://www.rct.uk/visit/windsor-castle)

## LEGOLAND

In 2019, LEGOLAND Windsor registered 2.43 million visitors making it the most visited theme park in the UK and the tenth



most in Europe.

One block at a time, the park cemented itself as one of South East England's top attractions. Whether you're looking to take off in a Lego Balloon or earn your first driving licence, LEGOLAND is a must visit especially for young families.

[www.legoland.co.uk/](http://www.legoland.co.uk/)

## WINDSOR AND ETON BREWERY

Our friends over at Windsor and Eton Brewery will be open across the weekend. The friendly team there do some of the finest beers and ales anywhere in England. Post race, the Royal Windsor Triathlon team will definitely be swinging by for a 'Windsor Knot' or a 'Knight of the Garter' and we strongly encourage you to do the same.

They even do Brewery Tours every Saturday so be sure to check out their website below.

[www.webrew.co.uk](http://www.webrew.co.uk)

## WINDSOR MUSEUM

In our event village, we're planning a small pop up museum to give you a flavour of the local history and of the history of the Royal Windsor Triathlon.

If you're looking for less of a flavour and more like a whole mouthful, you might be interested to know that Windsor Museum is open 10am – 4pm Wednesday – Sunday.

They have an amazing collection excavated or preserved from the area's profound history including everything from Victorian clothes and toys to a human skeleton that is estimated to be 10 000 years old.

[windsormuseum.org.uk/](http://windsormuseum.org.uk/)

## SAVILL GARDEN

Since its creation in the 1930s, The Savill Garden has been an inspiration for all. This natural haven of beautifully designed gardens and woodland can be enjoyed by everyone, from dedicated horticulturists to those who just want to spend a relaxing day out with family or friends.

The 35 acres of interconnected gardens include the Hidden Gardens, Spring Wood, the Summer Gardens, the New Zealand Garden, Summer Wood, The Glades, Autumn Wood and the Winter Beds.

[www.windsorgreatpark.co.uk/en/experiences/the-savill-garden](http://www.windsorgreatpark.co.uk/en/experiences/the-savill-garden)

## THE ROYAL WINDSOR STEAM EXPRESS

Arrive at or return from Windsor in style. The Royal Windsor Steam



Express is a stunning 90 minute rail journey from London Victoria to Windsor and Eton Riverside.

The journey passes many famous landmarks including Chelsea Bridge, The Royal Hospital, Battersea Power Station and many stunning natural features including lakes, rivers and reservoirs.

[www.royalwindsorsteamexpress.co.uk](http://www.royalwindsorsteamexpress.co.uk)

## ESCAPE ROOMS

The Royal Windsor Triathlon is one of the country's iconic

physical challenges. Why not do the double and take on a mental challenge on the same weekend?

Escape in 60 – at Windsor Leisure Centre – host 3 separate escape rooms; 'Escape the Castle', 'The Curse of the Lost Chamber' and 'The Amber Room'.

If you've ever fancied yourself as a bit of a Sherlock Holmes, then this could be the activity for you.

## BOAT TOURS

Windsor's past, present and future has been strongly linked

to the River Thames. The great artery of South East England runs right through the middle of the town and in times medieval, would have provided employment opportunities for thousands of local people.

Nowadays, river boats cruise up and down offering tours to visitors. They can be extremely relaxing, especially in the sun and often run throughout the day. We like French Brothers but there are plenty great tours to choose from.

[www.frenchbrothers.co.uk](http://www.frenchbrothers.co.uk)



# RESTAURANTS & CAFES

- 1 GILBEY'S BAR & RESTAURANT ETON
- 2 THE GEORGE INN
- 3 COTE - WINDSOR
- 4 THE BOATMAN
- 5 BEL & THE DRAGON - WINDSOR
- 6 THAI SQUARE WINDSOR
- 7 BILL'S WINDSOR RESTAURANT
- 8 SEBASTIAN'S
- 9 MARKET STREET
- 10 À LA Russe
- 11 THE TWO BREWERS
- 12 LILLY'S CAFE
- 13 ENZO'S WINDSOR
- 14 MEIMO
- 15 VICEROY OF WINDSOR
- 16 MISUGO



